



Eastern Tree

## Training & Therapy

Personal and professional learning,  
creative training

### Interested in training in Humanistic Counselling?

Eastern Tree Training and Therapy offer a certificate in counselling skills and a two-year part-time diploma training in counselling, which will qualify you to practice as a counsellor in an agency setting. There are also options for an Advanced Certificate and an Advanced Diploma.

The next certificate course starts in June 2006, the next full run of the diploma starts January 2007. We would normally expect applicants to have completed a Certificate in Counselling Skills before applying for the diploma, however we can take a few people directly into the second year (starting January 2008) if they have sufficient training or experience in counselling or related fields to enable them to start a counselling placement immediately.

*What should I do? (nb all information sheets are on the website)*

- Read the course information sheets carefully, to understand what the courses are about, and the type of commitments you will need to make (including study, attendance & costs).
- The Pathways into the Diploma document shows how the diploma course is structured, and entry points into the course.
- Wanting to do the full Diploma course? Make sure you will have completed a recent Certificate in Skills training by late 2006. Our own certificate course starts in June 2006. Most other courses start in September of each year. The certificate courses run by City College, Norwich and UEA (run at various locations) are particularly likely to be compatible with our diploma, though any counselling certificate course is usually acceptable. You may also find it helpful to have experience of working with people in a helping capacity, such as befriending, and to start reading widely about counselling. Our Year One booklist offers a good introduction to the field.
- Wanting to join direct into year two of the Diploma course? Read the APL entry information sheet, which will give you details of what we are looking for and the evidence you will need to supply through our APL procedure to demonstrate that you have sufficient counselling skills and clinical awareness to start a counselling placement straight away. Complete the Diploma Application form and enclose your documents, tape and payment for the APL application process. To prepare for year 2, read as widely as possible from both the Year One and Year Two booklists.
- Any questions? Ring Bee on 01603 434400 or Jacky on 0845 456 0985 to discuss the most appropriate pathway for you into our counselling training.

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